| | Image acquisition is a core element of any POCUS con | | | | | nts | | | |
|----|--|--------------------|----------------------|------------------------|---------------|------------|--|--|--|
| | evaluate learner performance when aquiring images or | - | | • | | | | | |
| | the performer. Essentially this means we are evaluating the skill of obtaining good quality images. We can achieve this goal by | | | | | | | | |
| | using the following criteria on each organ system. This | | | | | | | | |
| | This component is part of the formative and summative | assessment p | ortions of the pro | gram, each evaluate | d separately. | | | | |
| 4 | OARDIA | .0 | | | Complete | Incomplete | | | |
| 1 | | | | | Complete | incomplet | | | |
| | For all cardiac images/ clips the following convention sho | | \ | /indicator on the | | | | | |
| | i. Preset: Choose abdominal preset (indicator on the left right side of the sector) consistently through the examin | | | | | | | | |
| | ii. Probe: Use the phased- array transducer for all views. | | | | | | | | |
| | of a curved linear probe. | THE SUDCOSTAL | views carr be obtai | ried with the use | | | | | |
| | iii. Patient position: Ideally on the left lateral decubitus | nosition or in su | unine if unable to t | urn | | | | | |
| | iv. Contrast: Clear definition of endocardial borders. | 703111011 01 11130 | pine ii dilabie to t | | | | | | |
| | | | | | | | | | |
| Α. | Parasternal long-axis view: | | | | | | | | |
| | i. Axis: | | | | | | | | |
| | a. The following structures are visible: LV, LA, RV, LVOT | | | | | | | | |
| | b. Functional findings: Both aortic & mitral valve are bo | th seen openin | g at appropriate pa | art of the cardiac cyc | le | | | | |
| | ii. Gain: The blood is relatively black | | | | + | \square | | | |
| | iii. Depth: Able to see at least descending thoracic aorta | | | | | | | | |
| В. | Parasternal short-axis view: | | | | | | | | |
| | i. Axis: | | | | | | | | |
| | a. The following structures visible: LV at mid-ventricular level. RV seen as crescent-shaped structure at the | | | | | | | | |
| | top and left portions of the sector and clear view of the f | ree walls. Papil | lary muscles clear | y seen. | | | | | |
| | ii. Gain: The blood is relatively black | | | | | | | | |
| | iii. Depth: Able to see deep enough to visualize parietal p | ericardium | | | | | | | |
| C. | Apical 4-chamber view: | | | | | | | | |
| | i. Axis: | | | | | | | | |
| | a. The following structures are visible: LV, RV, RA, LA, n | nitral and tricus | pid valve. | | | | | | |
| | No foreshortening of the LV apex: it should appear ellips | oid and not rou | ınded. Septa shou | ld appear | | | | | |
| | along a vertical line running along the center of the scree | en. | | | | | | | |
| | b. Functional findings: The tricuspid & mitral valves bot | th seen opening | g in diastole. | | | | | | |
| | ii. Gain: The blood is relatively black | | | | | | | | |
| | iii. Depth: able to see deep enough to see just posterior t | o the atria | | | | | | | |
| n | Subcostal 4-chamber view: | | | | | | | | |
| ٥. | i. Axis: Sector width set to wide to cover all chambers. | | | | | | | | |
| | a. The following structures are visible: LV, RV, RA, LA, tricuspid. | | | | | | | | |
| | Image centered such that the LV apex and medial wall of | | ırly visible. | | | | | | |
| | b. Functional finding: The tricuspid valve and MV is seen opening in diastole. | | | | | | | | |
| | ii. Gain: The blood is relatively black | | | | | | | | |
| | iii. Depth: able to see deep enough to just posterior to parietal pericardium deep to the LV | | | | | | | | |
| _ | | | , , | | | | | | |
| Ε. | IVC (long-axis) view: | | | | | | | | |
| | i. Axis: a. The following structures visible: IVC in the long axis (and NOT the aorta or hepatic vein), and liver. | | | | | | | | |
| | | | | | | | | | |
| | ii. Gain: The blood is relatively black iii. Panth: Abla to see door prough to see behind the IVC to see if there is liver ties up or spine there. | | | | | | | | |
| | iii. Depth: Able to see deep enough to see behind the IVC to see if there is liver tissue or spine there (i.e., if liver posterior to IVC, this supports the identification of the structure as being the IVC whereas if spine is | | | | | | | | |
| | posterior, this would support the identification of this structure as being the IVC whereas it spine is | | | | | | | | |
| | posterior, and would support the identification of this s | . actare as bell | ig the dortaj | | | | | | |
| F. | Formative assessment. | | | | | | | | |
| | Pass/Fail criteria: A complete study is considered on in which all views are able to be obtained unless the study was deemed | | | | | | | | |

| | the majority of the windows. | | | | | | |
|----|--|------------------------|--|--|--|--|--|
| | i. Pass | | | | | | |
| | ii. Fail | | | | | | |
| | | | | | | | |
| G. | Summative assessment. | | | | | | |
| | Same as pass/fail criteria. However failure is considered if all views are not obtained or failure to get good/clear views of a structure. | | | | | | |
| | or unable to obtain optimal gain (too dark or too bright), off axis view unless there are technical challanges to optimize the view. | | | | | | |
| | i. Pass | | | | | | |
| | ii. Fail | | | | | | |
| | | | | | | | |
| | | | | | | | |
| 2 | LUNG | Complete Incomplete | | | | | |
| | For all lung images/ clips the following convention should include: | | | | | | |
| | i. Preset: No standarized preset is recommended. Only use the same preset throughout the lung exam | | | | | | |
| | specially if the exam is to be done serially in the same patient. | | | | | | |
| | ii. Probe: Linear probe for anterior chest, curvilinear probe for the postero-lateral lung views. | | | | | | |
| | of a curved linear probe. | | | | | | |
| | iii. Patient position: Supine for anterior views, rotated with arm flexed to look at the posterior views for | | | | | | |
| | the posterior views. | | | | | | |
| | iv. Contrast: Clear definition of intercostal muscles | | | | | | |
| | v. Remove focusing from the exam since it will have an effect on lung artifacts. | | | | | | |
| | | | | | | | |
| Α. | Anterior chest. | | | | | | |
| | i. Axis: | | | | | | |
| | a. Cranial & caudal ribs/rib shadows are visible | | | | | | |
| | b. You should be able to visualize whether lung sliding is present or absent | | | | | | |
| | ii. Gain: gain should be low enough to see pleural line distinct from surround structures | | | | | | |
| | iii. Depth: if B-lines are visible, sector depth should be enough to see the B-lines obliterate at least 2 A-lines | | | | | | |
| | (>10cm). If only A-lines are visible, you really only need enough sector depth to see the first A line | | | | | | |
| | (2 Totally, it offly A lines are visible, you really only need chough sector departs see the first A line | | | | | | |
| D | Postero-lateral lung view | | | | | | |
| Ь. | i. Axis: | | | | | | |
| | a. The following structures are seen: diaphragm, spine caudal to the diaphragm, supradiaphragmatic space | | | | | | |
| | | | | | | | |
| | ii. Gain: gain should be high enough to see liver/diaphragm as relatively echogenic structures | | | | | | |
| | iii. Depth: should be set deep enough to see the spine | | | | | | |
| | | | | | | | |
| C. | Formative assessment. | | | | | | |
| | Pass/Fail criteria: A complete study is considered on in which all views (3 anterior and one posterolatera | I view per hemithorax) | | | | | |
| | or 6 views are able to be obtained unless deemed technically difficult by mentor: in this case it is up to the discretion of the mentor if | | | | | | |
| | the study can be added to the mentee's log of cases. | | | | | | |
| | Failure of the study also includes: Failure to obtain good/clear views of the pleural line or of the diaphragm on most of the views | | | | | | |
| | i. Pass | | | | | | |
| | ii. Fail | | | | | | |
| | 11. 1 - CAD | | | | | | |
| D | Summative assessment. | | | | | | |
| ٠. | Same as pass/fail criteria. However failure is considered if all views are not obtained or failure to get good/clear views of the | | | | | | |
| | | | | | | | |
| | pleural line or diaphragm unless there are technical challanges to optimize these. | | | | | | |
| | i. Pass | | | | | | |
| | ii. Fail | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

| | | GA | STRIC | | | Complete | Incomplete | | | |
|---|--|---|--|---|---|------------------|------------|--|--|--|
| F | For al gastric images/ clips the following convention should include: | | | | | | | | | |
| i. | . Preset: Use abdominal preset | | | | | | | | | |
| ii | i. Probe: Linear probe for pediatrics | s ortherwise cur | vilinear probe | | | | | | | |
| | ii. Patient position: Supine and the | | | cubitus position. | | | | | | |
| | v. Contrast: Clear definition of the I | | | 1, | | | | | | |
| Η, | | | | | | | | | | |
| 7 C | Gasric antrum view: | | | | | | | | | |
| - | Axis: | | | | | | | | | |
| - | | ralizadı liven s-+ | rum in full size | foronco conto cal | CNAA | | | | | |
| | a. The following structures are visualized: liver, antrum in full circumference, aorta and SMA. | | | | | | | | | |
| | If aorta is not seen, then the IVC should be visualized The far field strutures (aorta, SMA, ivc or SMV) may not be seen if there is a full stomach due to acoustic | | | | | | | | | |
| | | ivc or SIMV) may | not be seen if the | ere is a fuil stomach | aue to acoustic | | | | | |
| | shadowing. | _ | | | | | | | | |
| li | ii. Gain: should be set so that the liver appears of medium echogenicity (grey) and the content of aorta | | | | | | | | | |
| _ | appears anechoic | | | | | | | | | |
| ii | ii. Depth: should be set deep enoug | h to see the aort | ta, or where it is ex | xpected to be | | \perp | | | | |
| | | | | | | | | | | |
| 2 E | Formative assessment. | | | | | | | | | |
| | | vie considered : | whon the ever in | done in the suni- | and reported in the | o comirocumb | ant | | | |
| | Pass/Fail criteria: A complete study | | | | | | | | | |
| | or RLD position unless there is acou | | | | | | | | | |
| | tomach. If deemed technically cha | | • | | | • | | | | |
| | ailure of the study also includes: F | -ailure to obtain | good/clear views | of the gastric ant | rum or off axis view b | y not visualizii | ng | | | |
| | he expected vascular structures. | | | | | | | | | |
| i. | Pass | | | | | | | | | |
| ii | . Fail | | | | | | | | | |
| | | | | | | | | | | |
|). S | Summative assessment. | | | | | | | | | |
| S | Same as pass/fail criteria. | | | | | | | | | |
| | Pass | | | | | | | | | |
| ii | . Fail | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| 4 | Focused Assess | sment with Sor | nography in Trau | ıma (FAST) exam | | Complete | Incomplete | | | |
| F | or all FAST exams/clips the following | ng convention sh | nould include: | | | | | | | |
| i. | Preset: Choose abdominal preset (| (indicator on the | e left side the sect | or) or cardiac prese | et (indicator on the | | | | | |
| ri | ight side of the sector) consistently | through the exa | amination to avoic | l laterality mistake | S. | | | | | |
| :: | i. Probe: Use the curved linear prob | oe. A phased arr | ii. Probe: Use the curved linear probe. A phased array probe can be used for the subcostal view | | | | | | | |
| 10 | as part of the heart exam; see above for details on that portion of the exam. | | | | | | | | | |
| | s part of the heart exam; see above | for details on th | | | al view | | | | | |
| a | is part of the heart exam; see above ii. Patient position: Supine for most | | nat portion of the | exam. | al view | | | | | |
| a ii | | t views. The LUC | nat portion of the c may need right p | exam. patient tilt. | alview | | | | | |
| a ii | ii. Patient position: Supine for most | t views. The LUC | nat portion of the c may need right p | exam. patient tilt. | al View | | | | | |
| ai ii iv | ii. Patient position: Supine for most v. Contrast: Clear definition of the | t views. The LUC liver/spleen or r | nat portion of the o Q may need right p espective diaphra | exam. patient tilt. | al View | | | | | |
| ai ii iv | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor | t views. The LUC liver/spleen or r | nat portion of the o Q may need right p espective diaphra | exam. patient tilt. | al View | | | | | |
| ai ii iv A. R i. | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor Axis: | t views. The LUC liver/spleen or r rison's Pouch vie | nat portion of the o Q may need right p espective diaphra | exam. patient tilt. ggm. | | tin of liver | | | | |
| a: ii iv A. R i. | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi | nat portion of the o may need right p espective diaphra ew ragm, hepato-rena | exam. patient tilt. gm. al recess (Morison) | s pouch), and inferior | tip of liver. | | | | |
| a: ii i\ A. R i. | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor Axis: a. The following strucutres should be i. Gain: should be appropriate to allo | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi low visualization | nat portion of the of may need right prespective diaphra | exam. patient tilt. gm. al recess (Morison) | s pouch), and inferior | tip of liver. | | | | |
| a: ii i\ A. R i. | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi low visualization | nat portion of the of may need right prespective diaphra | exam. patient tilt. gm. al recess (Morison) | s pouch), and inferior | tip of liver. | | | | |
| a: ii iv A. R i. ii iii | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be appropriate to allo ii. Depth: appropriate to visualize s | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphr ow visualization pine, but not bey | nat portion of the operation of the operation of the present of the operation of the operat | exam. patient tilt. gm. al recess (Morison) | s pouch), and inferior | tip of liver. | | | | |
| aa iii iiv | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be ii. Gain: should be appropriate to allo iii. Depth: appropriate to visualize spondered to the contract of the contra | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphr ow visualization pine, but not bey | nat portion of the operation of the operation of the present of the operation of the operat | exam. patient tilt. gm. al recess (Morison) | s pouch), and inferior | tip of liver. | | | | |
| aa iii iiv | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be appropriate to allo ii. Depth: appropriate to visualize s | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphr ow visualization pine, but not bey | nat portion of the operation of the operation of the present of the operation of the operat | exam. patient tilt. gm. al recess (Morison) | s pouch), and inferior | tip of liver. | | | | |
| aa iii iiv | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be ii. Gain: should be appropriate to allo iii. Depth: appropriate to visualize spondered to the contract of the contra | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi low visualization pine, but not bey o-renal recess v | nat portion of the of may need right prespective diaphra ew ragm, hepato-rena of free fluid as disyond spine iew | exam. patient tilt. gm. al recess (Morison's stinct from surrour | s pouch), and inferior nding tissues | | | | | |
| a: iii iii ii. ii. ii. ii. | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be ii. Gain: should be appropriate to allo iii. Depth: appropriate to visualize spectfupper Quadrant (LUQ) / Splend . Axis: | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi low visualization pine, but not bey o-renal recess v | nat portion of the of may need right prespective diaphra ew ragm, hepato-rena of free fluid as disyond spine fiew hragm, spleno-ren | exam. patient tilt. gm. al recess (Morison's stinct from surrour all interface, and in | s pouch), and inferior anding tissues | | | | | |
| a: iii iii iii ii. ii. ii. iii iii iii ii | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor Axis: a. The following strucutres should be ii. Gain: should be appropriate to allo iii. Depth: appropriate to visualize sp eft Upper Quadrant (LUQ) / Splend Axis: a. The following strucutres should | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi low visualization pine, but not bey o-renal recess v l be visible: diaph ow visualization | nat portion of the of may need right prespective diaphra ew ragm, hepato-rena of free fluid as disyond spine riew nragm, spleno-ren of free fluid as disyond spine | exam. patient tilt. gm. al recess (Morison's stinct from surrour all interface, and in | s pouch), and inferior anding tissues | | | | | |
| a: iii iii iii ii. ii. ii. iii iii iii ii | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be appropriate to allo ii. Depth: appropriate to visualize s eft Upper Quadrant (LUQ) / Splend . Axis: a. The following strucutres should ii. Gain should be appropriate to allo | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi low visualization pine, but not bey o-renal recess v l be visible: diaph ow visualization | nat portion of the of may need right prespective diaphra ew ragm, hepato-rena of free fluid as disyond spine riew nragm, spleno-ren of free fluid as disyond spine | exam. patient tilt. gm. al recess (Morison's stinct from surrour all interface, and in | s pouch), and inferior anding tissues | | | | | |
| a a iii iii iii iii iii iii iii iii iii | ii. Patient position: Supine for most v. Contrast: Clear definition of the Right Upper Quadrant (RUQ) / Mor . Axis: a. The following strucutres should be appropriate to allo ii. Depth: appropriate to visualize s eft Upper Quadrant (LUQ) / Splend . Axis: a. The following strucutres should ii. Gain should be appropriate to allo | t views. The LUC liver/spleen or r rison's Pouch vie be visible: diaphi low visualization pine, but not bey o-renal recess v l be visible: diaph ow visualization | nat portion of the of may need right prespective diaphra ew ragm, hepato-rena of free fluid as disyond spine riew nragm, spleno-ren of free fluid as disyond spine | exam. patient tilt. gm. al recess (Morison's stinct from surrour all interface, and in | s pouch), and inferior anding tissues | | | | | |

| | iii. Gain: set low enough to permit screening for free | e fluid posterior to the bladder | | | | | |
|----|---|------------------------------------|--------------------------------|-------------|--|--|--|
| | in. Gain. set low enough to permit screening for the | stidia posterior to the biadder. | • | | | | |
| D. | . Pelvic view: Sagittal | | | | | | |
| | i. Axis: | | | | | | |
| | a. The following strucutres should be visible: fema | ale pelvis: bladder, uterus (if pr | esent), and vaginal stripe are | visualized. | | | |
| | In both females and males, if the bladder is distended then the maximal size of bladder should be visible | | | | | | |
| | (i.e., anterior-posterior dimension of bladder similar in this view to the maximal anterior-posterior dimension of bladder | | | | | | |
| | seen in accompanying transverse view) | | | | | | |
| | ii. Gain: set low enough to permit screening for free fluid posterior to the bladder | | | | | | |
| | | | | | | | |
| E. | Subcostal 4-chamber view: | | | | | | |
| | i. Axis: Sector width set to wide to cover all chambe | rs. | | | | | |
| | a. The following structures are visible: LV, RV, RA, LA, tricuspid. | | | | | | |
| | Image centered such that the LV apex and medial wall of the RV are clearly visible. | | | | | | |
| | b. Functional finding: The tricuspid valve and MV is seen opening in diastole. | | | | | | |
| | ii. Gain: The blood is relatively black | | | | | | |
| | iii. Depth: able to see deep enough to just posterior to parietal pericardium deep to the LV | | | | | | |
| | | | | | | | |
| F. | Formative assessment. | | | | | | |
| | Pass/Fail criteria: A complete study is considered when the exam is done on all views including the subcostal view | | | | | | |
| | If some of the views are deemed technically chall | | • | | | | |
| | can be added as part of the mentee's log of cases | | | | | | |
| | Failure of the study also includes: Failure to obtain good/clear views or off axis views in most of the exam by not visualizing | | | | | | |
| | the expected structures. | | | | | | |
| | i. Pass | | | | | | |
| | ii. Fail | | | | | | |
| G | Summative assessment. | | | | | | |
| ٥. | Same as pass/fail criteria. However the trainee is epected to visualize all structures and not some unless deemed technically | | | | | | |
| | by mentor. It is up to the discretion of the mentor to designate a pass or to choose a different patient for an exam. | | | | | | |
| | i. Pass | 2 documentation of the oriotte | 22 & amorone patient for the | | | | |
| | ii. Fail | | | | | | |
| | | | | | | | |
| | | | | | | | |